

# **Dr. Tina Schermer Sellers, PhD, LMFT**

Licensed Family Therapist, Clinical Sexologist, Certified Sex Therapist, Medical Family Therapist

## **Curriculum Vitae**

### **Tina Schermer Sellers, PhD, LMFT, CST, CSTS**

Behavioral Scientist – Family Medicine, Women’s Health

Medical Family Therapist – Oncology, Women’s Health, Family Practice, Women’s Sexual Health

Licensed Marriage & Family Therapist & AAMFT Approved Supervisor and Clinical Fellow

AASECT Certified Sex Therapist, AASECT Certified Supervisor

Associate Professor and Director, Medical Family Therapy – Seattle Pacific University

### **Academic and Professional Degrees and Licensure**

**Licensed Marriage and Family Therapist.** Washington State. August 1994 – present. LF00001378

**AASECT Certified Sex Therapist,** 2006 – present (American Association for Sex Educators, Educators, Counselors and Therapists)

**AASECT Certified Sex Therapy Supervisor,** 2013 - present

**Ph.D. Clinical Sexology.** Institute for the Advanced Study of Human Sexuality, San Francisco, CA

**M.S. Marriage & Family Therapy.** Seattle Pacific University. March, 1991

**B.A. Education.** San Diego State University. June 1982.

**Clinical Member and Approved Supervisor AAMFT** (American Association for Marriage & Family Therapy)

### **Teaching, Training and Administrative Experience**

**Emerita Professor, Seattle Pacific University, Department Marriage & Family Therapy Program, Seattle, WA.** 2019-present

**Associate Professor, Seattle Pacific University, Department Marriage & Family Therapy Program, Seattle, WA.** Full time clinical faculty, supervisor and director of the Medical Family Therapy Post-graduate Certificate Program. 1991-1996: Part-time; adjunct. 1997-2019: Full-time Faculty

**Clinical Faculty, University of Washington School of Medicine, Department of Family Medicine, Seattle, WA.** 9/99 – 2014. Behavioral science preceptor for family medicine residency students.

**Adjunct Faculty, Alliance Graduate School, Marriage & Family Therapy Program, Nyack, NY.** 2 day seminar in Medical Family Therapy – part of the course in Psychopharmacology and Medical Issues, 11/2010.

**Consultant for Northern Illinois University,** Chicago Illinois, in the development of a Medical Family Therapy certificate program to serve and collaborate with their newly developed Proton Treatment Center serving the Chicago area.

**Consultant for Loma Linda University School of Science and Technology.** San Bernardino, CA. Consultant for the development of graduate Medical Family Therapy programs at the masters and doctoral levels. Focus: Curriculum and internship development, strategic plan and organization development. 9/2007

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FALL 2019

**Trainer for Regence Blue Shield Health Care of Washington and Oregon.** Provide training for their behavioral health panel of providers in both states on how to develop skills in collaborating with physicians on patient care. Title: Inside Tips for Collaborating with Physicians. Jan 2006, Feb 2007.

**Adjunct Faculty, Loma Linda Marriage & Family Therapy Graduate Program – Lacombe Campus, British Columbia, Canada.** 3 unit course in Medical Family Therapy, 2002-2006

**Director, Medical Family Therapy Post-graduate Certificate,** Seattle Pacific University, 9/00-present  
Wrote, launched and direct the only post-graduate training program in Medical Family Therapy on the west coast. This is an integrated multidisciplinary healthcare delivery model which places specifically trained psychosocial providers in medical clinics to form collaborative medical teams for treating difficult patients/families with complex illness profiles.

**Clinical Faculty,** Seattle Pacific University, Department of Marriage & Family Therapy, Seattle, WA.  
1/92 – present. Courses: Graduate Human Sexuality, Group Process, Clinical Practicum Integration, Clinical Supervision, Psychopharmacology and Medical Issues, Medical Family Therapy, Grief, Loss and Culture, Applied Medical Family Therapy, Medical Family Therapy Clinical Practicum. Also: Provide AAMFT approved supervision for family therapy graduate interns.

**Innovation Trainer and Consultant,** Firemark, Inc. [www.fivefacesofgenius.com](http://www.fivefacesofgenius.com). 9/00-2003

**Director, The Family Therapy Clinic at Seattle Pacific University,** Seattle, WA. 7/98 – 9/99. Direct a staff of 10 Marriage & Family Therapy interns, provide training, supervision and administration.

### Clinical Experience

**Founder and Medical Director, Northwest Institute on Intimacy, Inc. ([www.nwioi.com](http://www.nwioi.com)).** 1/2015 – present

Designed and established a training institute for advanced training in sex therapy and spiritual intimacy. The Institute also developed a certification process to highlight practitioners who complete training in individual, couple, family, sex and spiritual intimacy therapy. Integrated Intimacy practitioners who have begun or completed training in all 5 areas can become certified and list themselves on the NWIOI site and receive free referrals as an incentive to become a comprehensively and competently trained psychotherapist.

**Founder and Executive Director, Thank God For Sex™ ([www.ThankGodForSex.org](http://www.ThankGodForSex.org)).** 9/2013 – present

The Thank God for Sex Project is a community built website filled with videos and written stories of individuals who've experienced religious sexual shame and who later learned that God never intended for them to feel that way. In their own words they tell stories of how, over time, they discovered a new way to relate to their bodies, sexuality and God. These stories shed light on an array of circumstances; shame about bodies, fears of intimacy, abuse, confusion, etc. Most importantly, they show how people figured out a more affirming story about sex and what that story or new belief system is or is becoming.

**Founder and Executive Director, Northwest Collaborative Health and Northwest Cancer Resource Center.** 9/97 – 12/2014

Designed and established a non-profit collaborative biopsychosocial and spiritual medical family therapy practice working collaboratively with patient/families and physicians – women's health, neurology, rheumatology, gynecology, family practice, medical oncology, radiation oncology, surgery, radiology, pathology and plastic surgery.

**Supervisor of Graduate Marriage & Family Therapy Interns and Graduates,** Seattle, Wa. 1/94 – 2019.

Provide 6-9 hours of supervision per week to first and second year graduate Marriage and Family Therapy students in the MFT program in the Department of Family Psychology at Seattle Pacific University.

**Marriage & Family Therapist, Certified Sex Therapist, Clinical Sexologist** in private practice, Seattle, Wa. 9/90 – present.

Practice includes service to individuals, couples, families, groups; supervision to Marriage & Family Therapists, collaborate/consult with primary care and specialty care physicians and psychiatrists.

**Medical Family Therapist.** Northwest Cancer Center. 11/96 – 8/97

Designed a pilot project, grant funded by the Northwest Cancer Foundation to provide on-site Medical Family Therapy services to patients receiving adjuvant chemotherapy for a cancer or blood related disease diagnosis. Collected data to determine the effect of services on patients, staff and physicians. Also collected and examined cost-off set and insurance reimbursement data.

**Consultant, Seattle Breast Center Multidisciplinary Team**, Seattle, Wa. 11/95 – 2004

Consult weekly to a team of 28 multidisciplinary physicians regarding the psychosocial needs of women newly diagnosed with breast cancer. Additional consultation provided to nurses and staff. Staff privileges at Northwest Hospital.

**Marriage & Family Therapy Intern**. Youth Eastside Services, Bellevue, Wa. 2/89 – 8/90.

### **Peer-reviewed/Juried Publications**

Sellers, T. (2019). Supervision Issues in Working with Conservative Christian Clients. In J. Wadley and R. Siegel (Eds.) *The art of sex therapy supervision*, p. 252-265. New York, NY: Taylor & Francis.

Gunn, William; Sellers, Tina. "Reflections on Clinical Barriers to Sexual Health Conversations: The Need for Education and Encouragement." *Family, Systems and Health*. 2018. Vol. 36, Issue. 1, In Press.

Sellers, T. *Sex, God & the Conservative Church – Erasing Shame from Sexual Intimacy*. (Routledge Press, 2017).

Sellers, T. The Dance of Love, Intimacy & Pleasure. In *Yin Rising – The Chinese Sexual Evolution*, edited by

Fran Fischer and Beverly Faller. Griffin Publishing. (2014)

Sellers, T. Beloved Sex – Healing Shame and Restoring the Sacred in Sexuality. In *Sex, Gender, and Christianity*, edited by Priscilla Pope-Levison and John R. Levison (Cascade Books, 2012).

Sellers, T. "Working with Couples Whose Sex Life Isn't Working: Current Cultural Factors Diminishing Couple's Sexual Satisfaction" in *Persons and Sexuality – Interdisciplinary Reflections*, edited by Alison Moore and Carlo Zuccarini. Interdisciplinary Press, 2009. Oxford, United Kingdom.

<http://www.inter-disciplinary.net/wp-content/uploads/2010/01/Pas5ver1170110.pdf>

Grauf-Grounds, C., Edwards, S., MacDonald, D., Quek, K. & Schermer Sellers, T. (2009). Developing Graduate Curriculum Faithful to Professional Training and a Christian Worldview. *Christian Higher Education*, 8, 1-17

Grauf-Grounds, C., Sellers, T. "Collaboration in Action: Creating Internships and Potential Jobs for Medical Family Therapists: Lessons Learned". *Family, Systems and Health*. Spring 2006. Vol. 24, No. 2, pp. 230-237.

Sellers, T., Batts, J., Thomas, K., Ostman, C. Women Called: A qualitative study of Christian women dually called to motherhood and career. *The Journal of Psychology and Theology – 2006 Special Edition on Gender and Christianity*. 2005. Vol. 33, No. 3, 198-209.

Sellers, T. (Spring 2000) "A Model of Collaborative Healthcare in Outpatient Medical Oncology." *Families, Systems & Health*. Vol 18, No. 1: 19-33.

### **Non-peer Reviewed Publications**

Sellers, T. The God of Healing Touch *The Table – An Online Journal*. Biola University Center for Christian Thought. L.A., California. 1/2017. <http://cct.biola.edu/blog/god-healing-touch/>

Sellers, T. "Raising the Bar – Advanced Sex Therapy Training Comes to the Northwest". WAMFT Newsletter – Spring 2015. 5/2015

Sellers, T. "Are contraceptives that allow fertilization but block implantation immoral? Faculty Post-script. Today's Issues in Biology under a Microscope. Issues and Values in Biology. Winter 2009.

Sellers, T. "Normative Sexual Development – what we need to know and why we need to know it". WAMFT Newsletter – Spring 2008. 5/2008.

Sellers, T. "An Erotic God – A Response to *All Sexed Up* by Dan Rhodes". *The Other Journal – an intersection of theology and culture*. Issue 10, Nov 2007.

- Sellers, T. "Working with couples when their sex isn't working: Life in the convergence zone". WAMFT Newsletter – Spring 2007. 6/2007
- Sellers, T. 2006. "Christians Caught between the Sheets – how abstinence only ideology hurts us". *The Other Journal – an intersection of theology and culture*. Issue 7, June 2006.  
<http://theotherjournal.com/2006/04/02/christians-caught-between-the-sheets-how-%E2%80%98abstinence-only%E2%80%99-ideology-hurts-us/>
- Sellers, T. "Collaboration in Healthcare: Mental health and physical health providers working together". WAMFT News – Spring 2005
- Sellers, T. "Insider Tips for Collaborating with Physicians" WAMFT News – Fall 2003
- Sellers, T. "Life In a Balance – strategies that work for dual career families" WAMFT News – Fall 2002
- Sellers, T. "MFT's Perfectly Poised for Work in Medical Family Therapy" WAMFT News – Fall 2002
- Sellers, T. "The Emerging Field of Medical Family Therapy". WAMFT News – Spring 2001
- Sellers, T. "The Role of Spirituality in the Management of Stress". WAMFT News – Winter 2001

### **Presentations at Professional Conferences**

- Sellers, T. *When the Heart Says 'Yes' and the Vagina Says 'No'*. 71<sup>st</sup> Annual Meeting of the Pacific Northwest Obstetrical & Gynecological Association. July 28, 2019. Suncadia, Washington.
- Sellers, T. *Abolishing Shame – Pleasure as an Act of Radical Justice*. Wild Goose Festival. July 12-14, 2019. Hot Springs, North Carolina.
- Sellers, Tina; Stone, Paula Stone; Ewert, Carla; Barron, Brit. Gender, Sex and Power Panel. With Collective Gathering. November 13-15, 2018. Denver, Colorado.
- Sellers, T. *When the Heart Says 'Yes' and the Vagina Says 'No'*. 20<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 17-20, 2018. Rochester, NY.
- Sellers, T. *Family Centered Care: Exemplars from Interprofessional Team Experiences*. 20<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 17-20, 2018. Rochester, NY.
- Sellers, Tina; Ewert, Carla; William, Paula. She is Called Panel – The Feminine Erotic. The Wild Goose Festival. July 13, 2018. Hot Springs, North Carolina.
- Sellers, Tina – *The Feminine Erotic Politic - Sex & Politics*. [www.ShelsCalled.com](http://www.ShelsCalled.com) Conference. May 17-19, 2018. Denver, CO.
- Sellers, Tina – *Sex, Sexuality and Gender as We Age*. Sex, Sexuality and Gender. Harvard Medical School. April 27-28, 2018 Harvard, Boston, MA.
- Sellers, Tina – *Has Western Religion Ever Been Sex Positive? Or Has it Always Been a Petri Dish for Sexual Shame?* 2018 Integration of Spirituality and Sexuality Annual Winter Institute of American Association of Sex Educators, Counselors, and Therapists (AASECT). January 18-21, 2018 Brown University, St Louis, MO.
- Sellers, Tina; Williams, Paula; DeFranza, Megan; Archeletta, Isaac. Panel: *The Church and how it has Managed Sexuality and the Body. Did it get it Right?* 2018 Gay Christian Network Conference. January 18-21, 2018 Denver Convention Center, Denver, CO.
- Sellers, Tina – *Healing Sexual Shame from the Church and the Great Beyond*. Plenary Speaker for the 2<sup>nd</sup> Annual Rocky Mountain Sex Summit. September 20-22, 2017 in Salt Lake City, Utah.
- Sellers, T., Hodson, Kristin. Sex, God, Client & Couch – *Increasing Cultural Competence & Healing Religious Sexual Shame in Religiously Conservative Clients*. 49<sup>th</sup> Annual Conference of American Association of Sex Educators, Counselors, and Therapists (AASECT). June 14-18, 2017 in Las Vegas, Nevada.
- Sellers, T. *Exploring Ethical Challenges in Working with Diverse Couples in Primary Care* – Master Lecture. 18<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 13-16, 2016. Charlotte, NC.
- Sellers, T., Fine, M., Smith, K. *Thriving Infants, Thriving Families: A Collaborative Model for High Risk Postpartum Couples and Individuals*. 18<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 13-16, 2016. Charlotte, NC.

- Sellers, T., *What My Dad Taught Me About Sex and God (and how I ended up writing a book about both)*. SPFCx TED Talks for the SPU Grand Reunion. October, 8, 2016., Seattle, WA.
- Sellers, T., Brooks, Karlaina. *Couples, Dilemmas & Sex. Oh! My! Cultural Factors Reducing Sexual Satisfaction, and Integrated EFT work with Couples*. All Day Workshop for the Oregon Mental Health Assn. October 7, 2016. Lake Oswego, Oregon.
- Sellers, T., Grauf-Grounds, C., Fine, M., Rotz, A., Simon, L. *Creating Internships and Potential Jobs in Integrated Care: Update on Lessons Learned*. 17<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 15-17, 2015. Portland, OR.
- Sellers, T. *You are Beloved and Sex is Good! What Does a New Covenant Understanding of Sexuality Look Like?* The Gender Café Spring Invited Lecturer. March 11, 2015. Trinity Western University. Langley, British Columbia, Canada
- Sellers, T., Edwards, S., Savage, L. *Client Relationships with Chronic Pain, Mindfulness & Wellbeing*. American Association for Marriage & Family Therap. October 18, 2014. Milwaukee, WI.
- Sellers, T; Grauf-Grounds, C. *“Turning Fragmented Comments into Integrated Conversations: Addressing Sexuality & Spirituality in Clinical Care”*. 16<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 9-11, 2014. Washington, DC.
- Sellers, T; Grauf-Grounds, C. *“Turning Fragmented Comments into Integrated Conversations: Addressing Sexuality & Spirituality in Clinical Care”*. 16<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 9-11, 2014. Washington, DC.
- Sellers, T. *“Resurrecting the Spirituality of Sexuality – A Qualitative Study Addressing Sexual Shame in Christian Couples”*. 5<sup>th</sup> International Conference on Religion & Spirituality in Society. Hereida, Costa Rica. April 29-30, 2014.
- Sellers, T. *“What’s Sex Got to do With It”*. TED TALK – Plenary Speaker. 15<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 10-12, 2013. Denver, CO.
- Sellers, T. *“Let’s Talk About Sex: Collaborating to Improve Sexual Health in Primary Care”*. 15<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 10-12, 2013. Denver, CO.
- Sellers, T. *“Resurrecting the Spirituality of Sexuality – A Qualitative Study Addressing Sexual Shame in Couples”*. Institute for the Advanced Study of Human Sexuality, San Francisco, CA. February 5, 2013.
- Sellers, T; Phelps, K. *“Let’s Talk About Sex: Addressing Sexual Health Using Integrated Care”*. 14<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 4-6, 2012. Austin, TX.
- Sellers, T; Reade, J; Grauf-Grounds, C. *“Training and Supervision of Behavioral Health Interns and Students in Integrated Care”*. 14<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 4-6, 2012. Austin, TX.
- Sellers, T. *“How To Deepen Intimacy When Working with Monogamous Couples”*. Institute for the Advanced Study of Human Sexuality, San Francisco, CA June 21, 2012.
- Sellers, T, Grauf-Grounds, C. *“Extreme Collaboration – When the Provider Relationship Counts”*. 13<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 27-30, 2011. Pittsburg, PA.
- Sellers, T, Grauf-Grounds, C. *“Strategies for Empowering Families with Chronic Illness.”* 12<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 21-24, 2010. Louisville, KY.
- Sellers, T. *“Beloved Sex – Healing Shame and Restoring the Sacred in Sexuality.”* International Conference of Positive Sexuality and Family Planning. October 15-17, 2010. Wellington, New Zealand.
- Sellers, T. *“Beloved Sex – Healing Shame and Restoring the Sacred in Sexuality.”* Lily Fellow Summer Seminar on Gender and Christianity. June 25, 2010. Seattle, WA.
- Sellers, T, Grauf-Grounds, C. *“When Your Paradigm Shifts – Key Moments in Collaborative Care.”* 11<sup>th</sup> Annual Conference of the Collaborative Family Healthcare Association. Oct. 22-25, 2009. San Diego, CA.
- Sellers, T., Grauf-Ground, C., White, L., Heffernan, A. *“A Family’s Wisdom – 20 Years with MS”*. 10<sup>th</sup> Annual Conference of Collaborative Family Healthcare Association. November 6 – 9, 2008. Denver, Colorado.

- Sellers, T. *“Working with Couples Whose Sex Life Isn’t Working: Current Cultural Factors Diminishing Couple’s Sexual Satisfaction”*. 5<sup>th</sup> Global Conference: Persons and Sexuality. November 3 – November 5, 2008. Interdisciplinary.net. Salzburg, Austria
- Sellers, T. *“The Surprising Erotic Life of the Elderly, Disabled & Chronically Ill”*. 4<sup>th</sup> Global Conference: The Erotic – Exploring Critical Issues. October 31 – November 2, 2008. Interdisciplinary.net. Salzburg, Austria
- Sellers, T. *“Nurturing the Professional in the Modern World”*. Conversations Toward Wholeness – Creating Climates in Which Women and Men Can Flourish in Christian Higher Education. Sponsored by the Consortium for Christian Colleges and Universities. April 9 – 11, 2008. San Diego, CA.
- Sellers, T. *“Working with Couples Whose Sex Isn’t Working: Factors in Modern Life Diminishing Couple’s Sexual Satisfaction”*. Society for the Scientific Study of Sexuality – Western Region Annual Conference. April 10-13, 2008. San Diego, CA.
- Sellers, T.; Grauf-Grounds, C. *“A Ritual to Honor Trauma – coping with vicarious trauma and clinician burnout”*. STFM’s 28th Annual Conference on Families and Health, New Orleans, LA. Feb 28 – Mar 2, 2008.
- Sellers, T.; Grauf-Grounds, C; Bayona, J.; Edwards, S. *“Taboo Topics in Healthcare – addressing sexuality, spirituality and physician burn out in healthcare”*. Collaborative Healthcare – Putting It All Together. The 9th annual conference of CFHA (Collaborative Family Healthcare Assn) in Asheville, NC. Nov. 7-10, 2007.
- Sellers, T.; Grauf-Grounds, C; Lamson, A. *“Nurturing the Professional Woman – Redefining Success”*. The Annual Conference of AAMFT (American Association for Marriage & Family Therapy) in Long Beach, CA. Oct. 10-13, 2007.
- Sellers, T. *“Taboo Topics in Healthcare – addressing sexuality and spirituality in patient care encounters”*. Illness and Disability Interest Group of the annual conference of AFTA (American Family Therapy Association) in Vancouver, BC. June 20-24, 2007.
- Sellers, T. *“Christians Caught Between the Sheets – A Call for a New Christian Sexual Ethic”*. Paper presented at the Programme On Sex, Intimacy and Love – Session I: Creating a Framework for Healthy Sexuality. The Institute for Medicine, Psychology and Religion. Holy Cross Seminary, Brookline, MA. 11/3/2006.
- Grauf-Grounds, C., Sellers, T. *“Collaboration in Action: Creating Internships and Potential Jobs for Medical Family Therapists: Lessons Learned”*. Collaborative Family Healthcare Association’s 8<sup>th</sup> Annual Conference. Newport, Rhode Island. 11/2-5/2006.
- Sellers, T., Grauf-Grounds, C. *Reclaiming the Lives of Burned-out Practitioners – Researched Strategies for Balancing Family, Career and Passion*. 26<sup>th</sup> Annual Society of Teachers in Family Medicine Conference on Families and Health. Austin, Tx., March 1-5, 2006.
- Sellers, T., Batts, J., Ostman, C. *“Women of Dual Call – Qualitative Study of Women Dually Called to both Motherhood and Career.”* Faith, Hope and Work Conference. San Diego, CA. Feb 9-11, 2006.
- Sellers, T., Cooper, E. *“Reclaiming the Lives of Burned Out Practitioners – Researched Strategies for Balancing Family, Career and Passion.”* Collaborative Family Healthcare Association’s 7<sup>th</sup> Annual Conference. Seattle, Wa. 10/6-9/2005.
- Sellers, T., Grauf-Grounds, C. *“Exploring Bridges and Barriers to Collaboration Among Providers of Care.”* Caring for Patients and Families in Uncertain Times, The 24<sup>th</sup> Annual Conference of the Society of Teachers in Family Medicine. Amelia Island Resort, Amelia Island, Florida. 2/25-29/2004.
- Sellers, T., Rahib, Shakaim. *“Communication with Families” Emerging Trends in Health Communication – Research and Teaching Forum.”* The Annual Conference of the American Academy on Physician and Patient, Linthium, Maryland. 10/2003.
- Sellers, T., Grauf-Grounds, C. *“Listening Deeply – Incorporating Spirituality into our Personal and Professional Lives.”* Listening to Patients and Families – Lessons Lived, Lessons Learned, 23<sup>rd</sup> Annual Conference of the Society of Teachers in Family Medicine. Kiawah Island, South Carolina. 3/2003.
- Sellers, T. *“Making It Work: Successfully Balancing Family and Career”*. University of Washington Training and Development “Network” Conference. Seattle, WA. 3/2002

- Sellers, T. *"Sexuality and the Cancer Patient – A Tender Place"*. Annual Conference of the Society of Teachers in Family Medicine. San Diego, CA. 2/2002.
- Sellers, T. *"Making It Work: Successfully Balancing Family and Career"*. The Washington Professional Chapter of the National Association of Women in Communication. Spring Luncheon, Seattle, WA. 5/2002
- Sellers, T. *"Healthcare In the Treatment of Cancer"*. Best Practices in Collaborative Family Healthcare. Biennial Conference of the Collaborative Family Healthcare Association. Clearwater, Florida. 1/2002.
- Sellers, T., Grauf-Grounds, Claudia. *"Using Medical Consultation for Collaborative Training."* Celebrating the Family in Family Medicine, Annual Conference of the Society of Teachers in Family Medicine. Kiawah Island, South Carolina. 3/2001.
- Sellers, T. *"Sexuality and Cancer"* Annual Conference of the Oncology Nursing Society – Washington State Chapter. Seattle, Washington. 3/2000.
- Sellers, T., Grauf-Grounds, Claudia. *"Medical Family Therapy Certification: The Seattle Pacific Model."* Celebrating the Family in Family Medicine, Annual Conference of the Society of Teachers in Family Medicine. San Diego, California. 3/2000.
- Sellers, T. *"Making a Place for Illness ... then Keeping Illness in it's Place."* Medicine, Mind, Body & IBD. Annual conference of the Crohn's & Colitis Foundation of America – Washington State Chapter. Seattle, Washington. 2/2000.
- Sellers, T., *"The Role of Family Therapy in Chronic Illness Settings – Oncology As a Case Example."* 1999 National Counsel of Family Relations Annual Conference. Irvine, CA. 11/99.
- Sellers, T., Shell, Judy *"Cultivating Patient-Family Physician Resources to Manage Cancer: An Interdisciplinary Approach"* Paper presented at: Healing Communities: Joining Together in a Changing World. Annual Families & Health conference of the Society of Teachers in Family Medicine. Kiawah Island Resort, Kiawah Island, South Carolina. 3/99.
- Sellers, T. *"Medical Family Therapy: trekking through a new land"*. Paper presented at the Fall Training Conference of the Washington Association of Marriage & Family Therapy Student Associate Membership. 9/98
- Sellers, T. *"Models of Collaboration in a Specialty Setting – Oncology as a Case Example"* Paper presented at: Treating Families Across Disciplines. Annual conference of the Society of Teachers in Family Medicine and the Collaborative Family Healthcare Coalition. Kiawah Island Resort, Kiawah Island, South Carolina. 3/98.
- Sellers, T.; Ewing, J.; Moline, M.; Gray, R. *"One Departments Process: Integrating Collaborative Training into a Graduate Mental Health Program."* Presentation for: Models of Collaboration. Annual Conference of the Collaborative Family Healthcare Coalition. The National Institutes of Health, Bethesda, Maryland. 2/97.
- Sellers, T; Naden, M; Moline, M; Gray, R. *"Tracking Curriculum Change: Integrating Collaborative Training into a Graduate Mental Health Program."* Presentation for: Collaboration Between Primary Care and Mental Health: serving the needs of the patient. Conference put on by the University Of Washington Department Of Family Medicine. Seattle, Wa. 9/96.

#### **Presentations/Workshops to Professional and Community Group**

- Sellers, T., Thomas, D. *Kids and Adults Sexuality Forum*. University Presbyterian Church. May 1,8,15, 2019. Seattle, WA.
- Sellers, T. *Whose Got Time for Pleasure When You're Pooped and Knee Deep in Poo?* Bethany Presbyterian Church, Seattle, WA. MOPS May 5 and May 12, 2019
- Sellers, T. *4-D Wheel Retreat based in Neurobiological Evidenced Based Healing*. Boca de Tomatlin, Mexico. March 23-30, 2019.
- Sellers, Tina – *Sexual Shame – What Research Says and Why it is Worse than You Think*. Seattle Counselors Association. January 18, 2019. Seattle, WA.
- Sellers, T. and Thomas, D. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Cedarbrook Lodge, Seattle, WA November 15-18, 2018.

- Sellers, Tina – *How a New Covenant Sexual Ethic Abolishes Sexual Shame*. Forefront Brooklyn. October 29, 2018. Brooklyn, New York.
- Sellers, Tina – *Sex, and the Soul – Can Sexuality be Redeemed - Sermon*. Forefront Brooklyn. October 28, 2018. Brooklyn, New York.
- Sellers, T. Whose Got Time for Pleasure When You're Pooped and Knee Deep in Poo? University Presbyterian Church, Seattle, WA. MOPS May 15, 2018
- Sellers, T. Treating Patients with Sexual Dysfunctions and Sexual Concerns. University of Washington Family Medicine Residents. Seattle, WA. Dec 6, 2018
- Sellers, T. Whose Got Time for Pleasure When You're Pooped and Knee Deep in Poo? Bethany Presbyterian Church, Seattle, WA. MOPS Nov 28 and Dec 5, 2017
- Sellers, T. and Thomas, D. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Cedarbrook Lodge, Seattle, WA September 6-10, 2017.
- Sellers, T. "Sex, God & the Conservative Church - The Book". Creative Conversations at SPU, Seattle, WA. May 11, 2017.
- Sellers, T. "She is Called - The History". She is Called - Women in Leadership Conference, NYC, New York. May 2 - 4, 2017.
- Sellers, T. and Heffernan, A. "Bringing Pleasure Home" Ladies Night at Eastlake Community Church. Bothell, WA. April 21, 2017
- Sellers, T. "I Kissed Shaming Good-bye: Raising Shame Free Kids - While Freeing Yourself From Shame". MOPS – University Presbyterian Church, Seattle, WA. April 4, 2017.
- Sellers, T. "Soul Care & Sexuality Training". Center for Biblical and Theological Education at SPU, Seattle, WA. March 6, 2016.
- Sellers, T. "Free to be Me - How to Raise Shame Free Kiddos". MOPS – Bethany Community Church, Seattle, WA. Feb 7 & 14, 2017.
- Sellers, T. "Shifting Paradigms: Supporting Health and Healing for Women in the Church - Panel Discussion" Theology Student Union at SPU, Seattle, WA. Feb 9, 2017
- Sellers, T. "Ask Me Anything - Parenting for Relational, Sexual and Spiritual Health" SELAH University Presbyterian Church, Seattle, WA. January 10, 2017
- Sellers, T. *Called to Love – A 3-day Advanced Couple's Intimacy Retreat*. Woodmark, Kirkland, WA October 27-30, 2016.
- Whitney, S.; Sellers, T. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Omni Hotel & Spa, Broomfield, Colorado. September 8-11, 2016.
- Sellers, T. "Tricks of the Trade - Parenting for Sexual, Spiritual & Relational Health". MOPS – Bethany Community Church, Seattle, WA. May 3 & 10, 2016.
- Sellers, T. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Cedarbrook Lodge, Seattle, WA February 26-28, 2016.
- Sellers, T. Whose Got Time For Pleasure When You're Pooped and Knee Deep in Poo? SELAH University Presbyterian Church, Seattle, WA. January 26, 2016
- Sellers, T. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Pan Pacific Whistler Village Hotel, Whistler, BC, CANADA. September 26-28, 2015.
- Sellers, T. On Panel Discussion/Podcast. Kindlings Muse – [Masks and Make-Up; How Boys and Girls Learn Identity](#). Sept 20, 2015. Hales Ales, Seattle, WA.
- Sellers, T. "Claiming God's Gift of Passion and Sexuality ... After Kids". AWAKE CHURCH, Seattle, WA. Sept 13, 2015.
- Sellers, T. On Panel Discussion/Podcast. Kindlings Muse – [God Help the Child – How Childhood Trauma Shapes and Misshapes](#). June 8, 2015.
- Sellers, T. "Claiming God's Gift of Passion and Sexuality ... After Kids". MOPS, Bethany Community Church, Seattle, WA. May 5 & 12, 2015.
- Sellers, T. Peeking under the Hood – How We Give Our Kids What they need at Each Stage. SELAH University Presbyterian Church, Seattle, WA. March 10, 2015
- Sellers, T. *Passion 4 Life – A 3-day Couple's Intimacy Retreat*. Pan Pacific Hotel, Seattle, WA. February 19-22, 2015.



- Sellers, T., Bantum, B., Swetman, R., Tidwell, D. Theology of the Body and Sexuality. A Thank God for Sex – Community Event. Naked City Brewery and Taphouse, Seattle, WA. Nov 9, 2014.
- Sellers, T. On Panel Discussion/Podcast. Kindlings Muse – [Gone Girl: The Book, the Movie and the Future of Marriages in the Media](#).
- Sellers, T. The Naked Truth about Purity, Shame and God’s Gift of Sex. Open Source Seattle. October 25, 2014.
- Sellers, T. *Passion 4 Life* – A 3-day Couple’s Intimacy Retreat. Pan Pacific Hotel, Seattle, WA. September 25-28, 2014.
- Sellers, T., Damico, T., Adult Sex Ed – the Basics. A Thank God for Sex – Community Event. Naked City Brewery and Taphouse, Seattle, WA. May 19, 2014.
- Sellers, T. “A Sacred Place – Just the Two of Us.” Plenary Presenter at a Couple’s Retreat. Vineyard Community Church – Shoreline. Bothell, Washington. May 9-10 2014.
- Sellers, T. Working with Couples Who’s Sex Life Isn’t Working – Cultural Factors Diminishing Couples Satisfaction. Networking Lunch Speaker for WAMFT. Bellevue, WA. April 18, 2014.
- Sellers, T., Tidwell, D., Whitney, S., Balmer, A. “Healing Religious Sexual Shame – A Panel Discussion” Let’s Talk About Sex and Relationships. Seattle Pacific University, Seattle, WA. April 21, 2014.
- Sellers, T., Balmer, A., Swetman, R., Swetman, R. The Naked Truth about Preparing Our Kids for Loving Relationships and Great Sex. A Thank God for Sex – Community Event. In the Red Café and Bistro, Seattle, WA. April 6, 2014.
- Sellers, T. “The Naked Truth about Loving Relationships and Sex – The Youth/Parent Forum”. Rolling Bay Presbyterian Church, Bainbridge Island, WA. March 9, 16, 23, 2014.
- Sellers, T. “Treating Religious Sexual Shame in Evangelical College Students”. Clinical Staff Training for the University Counseling Center, Seattle Pacific University, Seattle, WA. February 19, 2014.
- Sellers, T. “Family Tools for Treating Medical Illness.” Samaritan Center, Seattle, WA. December 3, 2013.
- Sellers, T. “Restoring Adam and Eve – Leading in a New Creation” Vineyard Church. October 26, 2013.
- Sellers, T. “Patient Centered Interviewing in Psychotherapy and Medicine.” Samaritan Center, Seattle, WA. October 1, 2013.
- Sellers, T. *Passion 4 Life* – A 3-day Couple’s Intimacy Retreat. Pan Pacific Hotel, Seattle, WA. September 26-29, 2013.
- Sellers, T. “Parenting for Sexual, Spiritual & Relational Health”. SELAH – University Presbyterian Church, Seattle, WA. April 9, 2013.
- Sellers, T. “Treatment Ideas for Patient’s Coping with Sexual Dysfunction” Family Medicine Residency Training – University of Washington Family Medicine. April 3, 2013. Seattle, Washington.
- Sellers, T. “A Guide to Intimacy in Couples”. Sino-US Conference of Sexology. Guangzhou, China. March 6-7, 2013.
- Sellers, T. *Passion 4 Life* – A 3-day Couple’s Intimacy Retreat. Pan Pacific Hotel, Seattle, WA. February 7-10, 2013.
- Sellers, T. “Sexuality and the Christian Church – Part 3: Youth and Sexuality”. Vineyard Community Church, Shoreline, WA. November 17, 2012.
- Sellers, T. *Passion 4 Life* – A 3-day Couple’s Intimacy Retreat. Pan Pacific Hotel, Seattle, WA. October 18-21, 2012
- Sellers, T. “From Purity to Passion: Understanding God’s Gift of Sexual Fulfillment”. The Seattle School of Theology and Psychology, WA. June 6, 2012.
- Sellers, T. “Am I Normal? Sex, God and Me”. Seattle Pacific University, Seattle, WA. April 22-23, 2012.
- Sellers, T. “Claiming God’s Gift of Passion and Sexuality ... After Kids”. SELAH, University Presbyterian Church, Seattle, WA. April 10, 2012.
- Sellers, T. “Intimacy, Spirituality and Pleasure in Partnership”. Venus Hill, Seattle, WA. February 23, 2012.
- Sellers, T. “Parenting for Sexual, Spiritual & Relational Health”. Vineyard Community Church, Shoreline, WA. February 4, 2012.
- Sellers, T. “Enhancing Sexual Intimacy – Restoring the Sexual Bond in Couple’s Therapy – Part II. Samaritan Center, Seattle, WA. December 6, 2011.

- Sellers, T. "Regaining Intimacy after Cancer". Cancer Lifeline and Evergreen Hospital. November 11, 2011. Bellevue, WA.
- Sellers, T. "Treatment Ideas for Patient's Coping with Sexual Dysfunction" Family Medicine Residency Training – University of Washington Family Medicine. October 19, 2011. Seattle, Washington.
- Sellers, T. "Enhancing Sexual Intimacy – Restoring the Sexual Bond in Couple's Therapy – Part I. Samaritan Center, Seattle, WA. October 4, 2011.
- Sellers, T. 3-day Couple's Intimacy Retreat. Pan Pacific Hotel, Seattle, WA. Sept. 22-25, 2011. <http://bit.ly/mZjcNQ>
- Sellers, T. "Starting the Conversation – Engaging Sexuality In the Christian Church". Vineyard Community Church, Shoreline, WA. August 19-20, 2011.
- Sellers, T. 3-day Couple's Intimacy Retreat. Heathman Hotel, Kirkland, WA. March 20-23, 2011.
- Sellers, T. "Dancing In the Sheets – Claiming God's Gift of Sexual Passion in Marriage". Soul Mates Conference Sponsored by SPU and the Center for Relational Development. January 15, 2011. Seattle, Washington
- Sellers, T. "Treatment Ideas for Patient's Coping with Sexual Dysfunction" Family Medicine Residency Training – University of Washington Family Medicine. September 15, 2010. Seattle, Washington.
- Sellers, T. "The Sacred Gift of Sexuality." Quest Church. June 26, 2010. Seattle, WA.
- Sellers, T. "Sexuality, Intimacy, and Gynecological Cancer". Cancer Lifeline. April 16, 2010. Seattle, WA.
- Sellers, T. "Treatment Ideas for Patient's Coping with Sexual Dysfunction" Family Medicine Residency Training – Group Health. November 11, 2009. Seattle, Washington.
- Sellers, T. "Sexuality, Intimacy, and Gynecological Cancer". Cancer Lifeline. September 23, 2009. Seattle, WA.
- Sellers, T. "A New Covenant Discussion of the Gift of Sexuality". Featured speaker for the Valentine's Dinner at University Presbyterian Church, Seattle Washington. Feb 9, 2008.
- Sellers, T.; Whitney, S; Whitney, M. "A New Covenant Approach to the Gift of Sexuality". P.R.E.S.S. Summer Lecture Series, Bethany Community Church., Seattle, Washington. August 22, 2007.
- Sellers, T. "The Adventure of a Lifetime: Accident or Art". Office of Student Life, Seattle Pacific University. 2/2007
- Sellers, T. "Fresh Strategies for Fresh Energy – Practical Tools for Finding Time in a Crazy World." Professional Excellence 2006 - Oregon Federal Executive Board. Portland, OR. 4/2006.
- Sellers, T. "Collaborative Healthcare: Marketing to Physicians". Presentation to the Seattle Counselors Association. 11/04.
- Sellers, T. "Why Licensure is Critical for Marriage & Family Therapists in the State of Washington". Address to the Washington State Legislative Review Board for Senate Bill 5877.
- Sellers, T, Moser-Wellman, A. Five Faces of Genius Innovation Training. Tfa/Leo Burnett Advertising, Business Training, Santa Fe, New Mexico. Innovation Training & Coaching for Firemark, Inc. 9/2000
- Sellers, T, Moser-Wellman, A. Five Faces of Genius Innovation Training. Coca-Cola Business Training, Greensboro, GA. Innovation Training & Coaching for Firemark, Inc. 11/2000
- Sellers, T. "Sexuality and Cancer" Family Medicine Resident Training. Department of Family Medicine, University of Washington School of Medicine. Seattle, Washington. 4/2000
- Sellers, T., Tsagalakis, T. "What's Under the Bed? Helping Children Cope with Fears". Parenting Conference, University Presbyterian Church. Seattle, Washington. 2/2000.
- Sellers, T., "Models of Collaboration and Integrative Care – Breast Cancer As a Case Example." 1999 Women's Health Legislative Summit. Leavenworth, Washington. 11/99.
- Sellers, T., "Divorce ... I didn't sign up for this". Trinity Western University, Langley, British Columbia, Canada. 11/99
- Sellers, T., White, E. "Informing and Caring for the Patient at Diagnosis and Beyond." Part of a CME physician training sponsored by the Seattle Breast Center and Northwest Hospital entitled: "Early Breast Cancer: A Patient's Eye View from Start to Finish." 3/99.
- Sellers, T., Schwartz, A. "Strength for Living – managing cancer related fatigue." A program for cancer patients, caregivers and healthcare providers at Northwest Hospital. 2/99.

- Sellers, T. “A New Kind of Cancer Care”; A KING 5 Special Report by Jean Enerson. Seattle, Wa. February 12, 1998.
- Sellers, T. “Medical Family Therapy – Model and Culture” Presentation for the Second Tuesday Training Lecture Series put on by the Marriage & Family Therapy Training Center at Presbyterian Counseling Service. Seattle, Wa. 2/98.
- Sellers, T. “Personal Relationships Through the Cancer Experience.” Presentation to ‘Conquering Cancer’ – an education and support forum for cancer patients, families and friends. Northwest Hospital, Seattle. Wa. 11/96.

### **Grants**

- Sellers, T., Recipient of a \$5,000 Lily Foundation Grant for the study of the integration of theology and vocation. 4/04
- Sellers, T. Recipient of \$10,000 Northwest Cancer Center Foundation grant for research on identifying and creating a treatment model for the reduction of psychosocial stress on patients and families undergoing treatment for cancer. 11/96
- Sellers, T, Landrum, E. Recipient of a \$2,000 Seattle Breast Center Foundation grant for the research and development of a psychosocial needs assessment report for the Multidisciplinary Team of the Seattle Breast Center. Seattle, Wa. 4/96.
- Sellers, T., Naden, M. Recipient of a \$2,000 Seattle Pacific University research grant for research on collaborative clinical supervision. Seattle, Wa. 11/95.

### **Awards/Recognition**

- 2018 Wingspread Honoree Award – Collaborative Family Healthcare Association**
- 2018 Families and Health Award – Collaborative Family Healthcare Association**
- 2017 Washington Assn for Marriage and Family Therapy Distinguished Clinical Fellow**
- 2017 Washington Assn for Marriage and Family Therapy Supervisor of the Year**
- 99 Top Professors in Counseling, Psychology & Therapy in the U.S. in 2013** by Masters in Counseling - <http://www.mastersincounseling.org/counseling-profs.html>
- Work as Feature Story in Spirituality and Health Magazine** Thou Shalt Have Great Sex – Redefining the Rules of Intimacy and the New Sexual Ethics. Article: In Pursuit of Sacred Sex by Don Lattin. *Spirituality & Health Magazine*, July/August 2013, pgs 54 – 60.
- Feature Article** – Holistic Healing – Collaborative Treatment of Mind, Body and Spirit Makes the Difference for Patients and Families. *Response* Spring 2006, Vol. 29, No. 2.
- Conference Chair Award**, Collaborative Family Healthcare Association’s 7<sup>th</sup> Annual Conference. Seattle, Wa. 10/6-9/2005
- Who’s Who in Metropolitan Life 2005**
- Best Workshop**, Sellers, T., Rahib, Shakaim. “Communication with Families” Emerging Trends in Health Communication – Research and Teaching Forum. The Annual Conference of the American Academy on Physician and Patient, Linthium, Maryland. 10/2003.
- Volunteer of the Year**, Washington Association for Marriage & Family Therapy 2000-2001

### **Professional Services**

- VP of Membership – AAECT** 1/2018 – 7/2019
- Advisory Board** – Soulution.org. 2015 – 2018
- Advisory Board** - Collaborative Family Healthcare Association. 2007 – 2019
- Society of Teachers in Family Medicine** – Families and Health Conference Steering Committee 2007-2009
- National Executive Board** – Collaborative Family Healthcare Association. 2003 – 2007  
<http://www.cfhcc.org>

**Chair** – 2005 Annual Conference of Collaborative Family Healthcare Association. October 6-9, 2005. Seattle, WA.

**Behavioral Health Advisory Board** – Regence Blue Shield of Washington and Oregon. 2003 - 2009

**Executive Board – Secretary**, Washington Division, American Association for Marriage and Family Therapy. 1996 – 2005.

**Faculty Advisor for the Alumni Committee**, Seattle Pacific University, Department of Family Psychology, Marriage and Family Therapy Program. 1996 – 1998

**Member of the Academic Task Force** on the development of curriculum and training in Collaborative Family Healthcare for Marriage & Family Therapy Training sites and Family Medicine Residency sites. University of Washington Department of Family Medicine, Seattle, Wa. 11/94 – 2000.

**Chair, Alumni Committee** of the Marriage & Family Therapy Training Center at Presbyterian Counseling Service, Seattle, Wa. 1994-1996.

**Co-editor** of the PCS/MFT *Quarterly Newsletter*, published by the Marriage & Family Therapy Training Center at Presbyterian Counseling Service. Seattle, Wa. 1993-1996

**Member, Alumni Committee** of the Marriage & Family Therapy Training Center at Presbyterian Counseling Service. Seattle, Wa. 1992-1996.

### **Professional Memberships**

**American Association of Marriage & Family Therapy**, Clinical Member & Approved Supervisor.

For Website refer to Therapist Locator at: <http://www.aamft.org/>

**American Association of Sexuality Educators, Counselors and Therapists**, Certified Therapist Designation 2006, Certified Approved Supervisor Designation, 2013.

**Washington Association of Marriage & Family Therapy**, Clinical Member & Executive Board Member. <http://www.wamft.org>

**Collaborative Family Healthcare Association**, Advisor, Member. <http://www.cfhcc.org>

**Washington Chapter of the Collaborative Family Healthcare Association**, Founding Member.

**Society of Teachers in Family Medicine**, Associate Member. [http://www.stfm.org/index\\_ex.html](http://www.stfm.org/index_ex.html)

**Oncology Nursing Society**, Affiliate Member

**Puget Sound Oncology Nursing Society**, Affiliate Member

**The American Academy on Physician and Patient**, Member <http://www.physicianpatient.org/>